

WELCOME

NEXT STEP PROGRAM PURPOSE

Inclusion that
Counts.



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Next Step Program Purpose

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NO TWO PEOPLE ARE ALIKE, AND WE RECOGNISE THAT EVERYONE HAS INDIVIDUAL NEEDS.

That's why our programs are tailored to your specific situation.

Burke and Beyond provides a highly tailored program that gives participants the opportunity to develop their skills in a range of areas including:

- Vocational
- Independent living
- Social
- Communication
- Work Readiness

Our Next Step services focus on supporting participants to gain the skills required for the next steps in their lives, with a focus on vocational, work experience and functional daily living skills.

This booklet will give you an overview of the programs offered at the Next Step sites. These are dependent on interest and availability.



SERVICE SUITABILITY

NEXT STEP SERVICES ARE GENERALLY SUITABLE FOR YOUNG PEOPLE:

- 17 - 25 years of age
- Looking to develop open employment or voluntary work skills.
- Willing to build and expand on work and independent living skills.
- Motivated to learn.
- Able to work within a group setting in a 1:4 or 1:5 ratio.
- The Next Step program is suitable for School Leavers Employment Support Funding or Core Funding via NDIS.

We encourage the use of Core funding as it is more flexible, and we offer the same activities and support as with our SLES program.

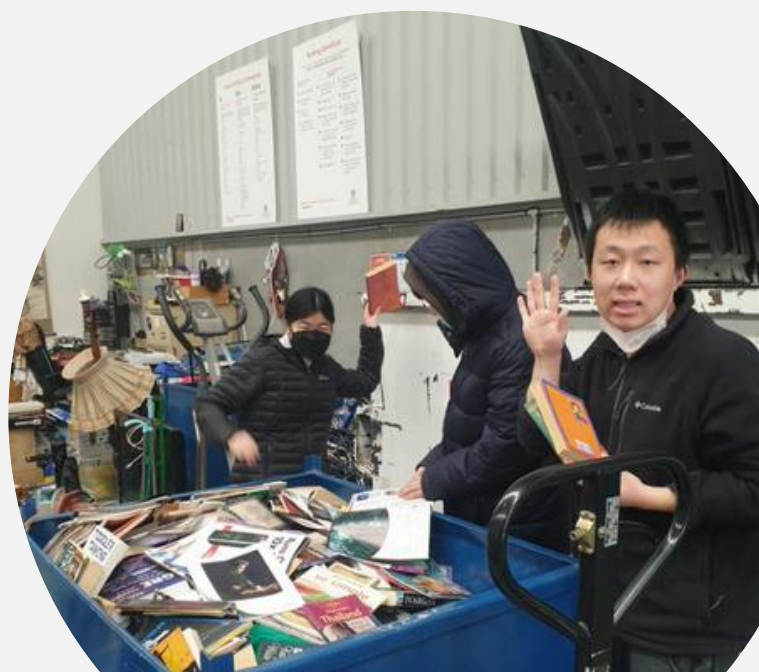


What makes BURKE AND BEYOND DIFFERENT?

BURKE AND BEYOND'S PROGRAMS ARE BASED AROUND SMALL GROUPS WHICH ALLOW FOR INDIVIDUALISED AND TAILORED SKILL DEVELOPMENT.

We are focused on the best way forward for each individual and are committed to ensuring that our participants:

- Develop skills that focus on real-life situations young people might encounter.
- Practical hands-on opportunities in work-based situations.
- Attend activities that concentrates on their individual goals.
- Access programs covering all areas of a young person's life including, health and human development, friendships, work-ready skills, communication, and conflict resolution to name a few.
- Attend small group-based activities to support the development of team working, communication skills, social skills, and developing peer-based interactions with 1:1 support for individualised work placements.
- Make strong connections with local communities, as we support young people to develop linkages within their local community.
- Are acknowledged for their leadership skills.





How do YOU CHOOSE ACTIVITIES AT BURKE AND BEYOND?

EACH TERM PARTICIPANTS WILL BE PROVIDED WITH AN OPPORTUNITY TO IDENTIFY THE TOP THEMES THEY WOULD LIKE TO WORK ON THIS TERM, THAT RELATE TO THEIR GOALS.

Throughout this booklet you will notice that areas relate to specific themes. There is a breakdown below:

- Participants will be supported to identify the top three themes they want to work on.
- An email will be sent to families with details of participant choices and the participant's goals. Families will have the opportunity to discuss any other needs at this point.
- Groups will be created based on the themes people have identified and the days they attend.
- Once these themes have been identified a detailed timetable will be created and a copy provided to participants.
- Once this has been created participants are expected to committ to that activity for the term.
- If a change needs to be made due to a change in circumstances a written request needs to be sent to the co-ordinator. All efforts will be made to accommodate the change where resources and participant ratios permit.

Themes



Physical health and wellbeing



Emotional health and wellbeing



Social Skills



Independent living skills



Communication skills



Local Community Participation



Work-ready skills



Advocacy Skills



Numeracy and literacy skills



WORK EXPERIENCE /VOLUNTEERING



THE PURPOSE OF VOLUNTEERING WORK EXPERIENCE:

- is to support participants to build work ready skills in preparation for gaining employment, developing social awareness, making new friendships and helping others in need.
- to increase confidence and self-esteem and establishing connections within the local community. Including skills such as communication in the workplace, conflict resolution, appropriate behaviours in a workplace.
- To learn to self manage in a workplace.
- To learn about teamwork, time management, work expectations and ethics.

SOME OF THE BUSINESSES AND COMMUNITY CONNECTIONS THAT WE HAVE :

Salvos
NIDO childcare
Pinchapoo
Coles
Big W
Kingston City
Vinnies
Barber shops
Brotherhood of St Laurence
Dandenong west primary school
Westall tennis club and garden
Maintenance programs
Myuna Farm
And many more

We keep developing new contacts all the time.



COURSES

THE PURPOSE OF COURSES

Courses provide the Next Step participants with an introduction to post-secondary training environment while being supported by Burke and Beyond staff. Participants can experience a wide range of options with a focus on practical skills to enhance opportunities for work experience, volunteering, and employment. We focus on the development of time management skills, accessing public transport, seeking appropriate support when required, working to deadlines, and building resilience.



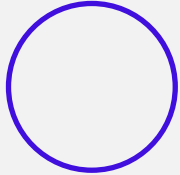
The Next Step participants have engaged in courses such as:

- Sport and Recreation Taster
- Customer Service Taster
- Hospitality Taster
- Certificate 1 in Work Education
- Certificate 2 Animal Care
- Trade Taster
- Certificate 1 in Transition Education
- Horticulture Taster
- Healthy Me
- Certificate 2 in Work Education and Hospitality
- Digital Futures (Video Production)
- Creative Awareness

Other courses of interest can be sought if there is enough interest.



LIFE MANAGEMENT



THE PURPOSE OF LIFE MANAGEMENT

is to support participants to develop and build on the wide variety of skills required to increase their independence in all aspects of life. This includes skills such as, but not limited to, creating a budget, problem-solving, managing and completing household tasks, personal health management, hobbies, friendships and how to access and seek community-based supports including doctors and dentists.

LIFE MANAGEMENT PROGRAMS COVER TOPICS SUCH AS:

- Independent life skills
- Social Skills
- Cooking Fundamentals
- Money and Budgeting
- Creative Visual Arts
- Health and Fitness

HUMAN RELATIONS

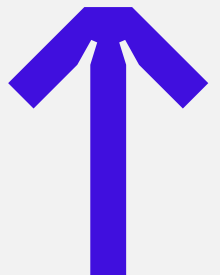
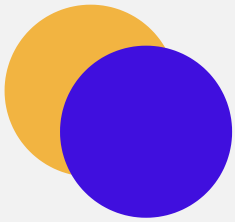


THE PURPOSE OF HUMAN RELATIONS IS:

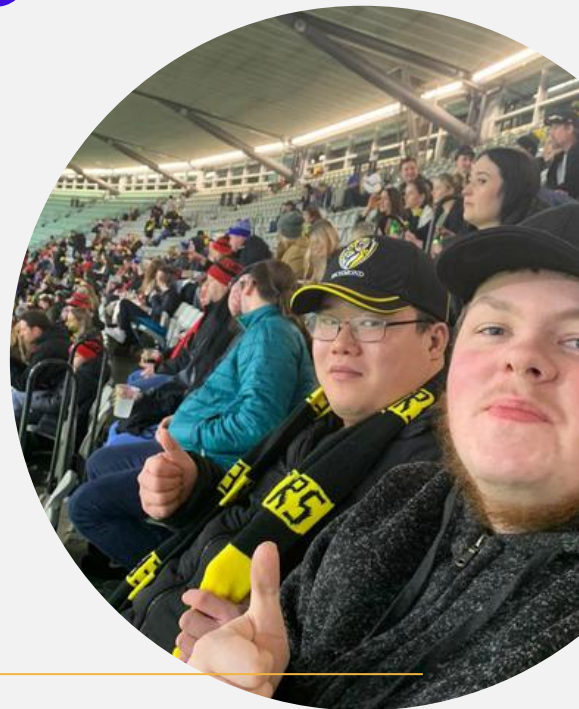
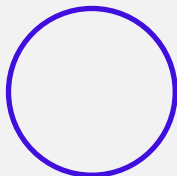
to support participants to develop a wide range of skills including but not limited to, communication, dealing with social situations, team- work and emotional management, We also encourage participants to develop hobbies and provide opportunities to try new activities.

THIS CAN INCLUDE:

- Healthy relationships
- Well being
- Human experience
- Women's group
- Men's group



Community CONNECTIONS



THE PURPOSE OF COMMUNITY CONNECTIONS IS

to provide a wide variety of opportunities to engage in community-based activities. This allows participants to develop their community-based networks, communication skills, and social skills, while actively participating as valued members of the local community.



OUR NEXT STEP PARTICIPANTS REGULARLY ATTEND THE FOLLOWING:

- Go to the gym.
- Participate in community activities such as local sporting activities, community based expos.
- Participate in music and performing arts programs such as the Artful Dodgers and Digital futures.
- Attending Council based activities.
- Participate in neighbourhood houses' activities.

Skills DEVELOPMENT



THE PURPOSE OF SKILLS DEVELOPMENT

is to provide participants with a range of opportunities to develop and build on their skills across a wide range of areas, including developing a budget, managing change, accessing the community via public transport and staying safe on social media.



THIS CAN INCLUDE PROGRAMS SUCH AS:

- Numeracy and literacy
- Travel Training
- Learners Permit
- Site Leadership
- Money and Budgeting
- Training Enterprise - Car Wash
- Training Enterprise - Coffee Business
- Work Preparation
- Cyber safety
- Computers and software

SLES

School Leaver Employment Support



THE PURPOSE OF SLES

is to support young adults with a disability to develop the necessary skills to increase the possibility of securing open employment in the future. Including

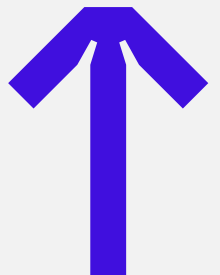
- Work and volunteer options
- Life skills
- Work skills
- Independent travel
- Professional behaviours

PROGRAM COSTS

Some programs may have additional costs and you will be informed of these at the start of each quarter.

WHAT YOU NEED TO BRING

- Your MYKI card, with funds on it
- Lunch and drink, if not purchasing
- Sunscreen
- An umbrella and coat depending on weather
- Your companion Card



CONTACTING US



INTAKE

9886 1111 then (option 2)
Intake@burkeandbeyond.org.au



HOW TO CONNECT WITH US

Our Intake Officer is the first point of contact, and they will find out a bit about you and what you need before connecting you to any of our services.

We strongly encourage people to come and visit us so that you can get a feel about the service and more importantly, our people. You can witness for yourself the great atmosphere and youthful energy in our Next Step services. Following your visit, we can arrange up to two days of trial which is at no cost to you. This is a great way to find out what we have to offer and get to know our programs and participants.



CEO

ceo@burkeandbeyond.org.au



GENERAL MANAGER SERVICE DELIVERY

csm@burkeandbeyond.org.au



FEEDBACK

feedback@burkeandbeyond.org.au



ADMINISTRATION OFFICER

admin@burkeandbeyond.org.au

TO CONTACT US PLEASE CALL

9886 1111 and follow the prompts



OUTREACH PROGRAM

0439 439 476



EMAIL

admin@burkeandbeyond.org.au



WEBSITE

www.burkeandbeyond.org.au



NEXT STEP - BOX HILL

Service Coordinator

9886 1111
Option 1-3-1
29 Ellingworth Parade Box Hill

NEXT STEP - DANDENONG

Service Coordinator

9886 1111
Option 1-4-1
260 Lonsdale Street, Dandenong, Vic.
3175

NEXT STEP - BRYANTS RD

Team Leader

9886 1111
Option 1-6-1
5/11 Bryants Rd, Dandenong, Vic. 3175

NEXT STEP -RINGWOOD

Services and Outcomes Manager

9886 1111
Option 1-2-1
90 B Maroondah Hwy, Ringwood, Vic.
3134

OUR SITES

