



Term 2 - 2023

WINTER

Newsletter

# Term Holiday Dates

Second  
Quarter

10/04/23 - 30/06/23

EASTER WEEKEND

Closed on Friday 7th and Monday 10th April

ANZAC DAY

Closed on Tuesday 25th of April

KING'S BIRTHDAY

Closed on Monday the 12th of June

July  
Break

03/07/23 - 07/07/23

CLOSED FROM

Monday 3rd of July to Friday 7th of July

# Term Holiday Dates

Third  
Quarter

**10/07/23 - 29/09/23**

AFL PUBLIC HOLIDAY  
Closed on Friday 29th September

Fourth  
Quarter

**02/10/23 - 22/12/23**

MELBOURNE CUP DAY  
Closed on Tuesday 1st November

SITE  
CLOSURE

Summer  
Break

**22/12/23 - 15/01/24**

The last day of service for 2023 will be  
Friday the 22nd December

Burke and Beyond will re-open next year on  
Monday 15th January 2024



# Bruno's Farewell



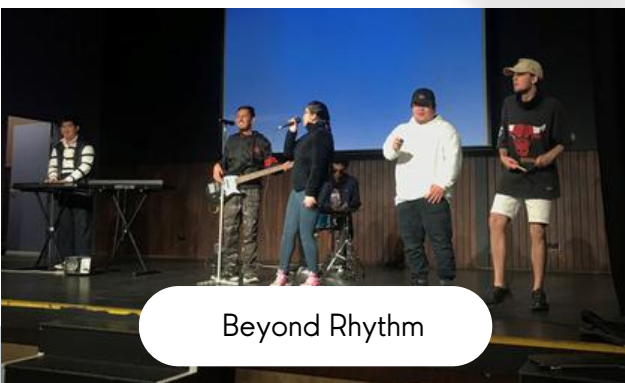
All sites gathered together at 'The Castle' in Dandenong to commemorate and deliver a final farewell to our CEO, Bruno. This comes after Bruno announced he will be stepping down from the role and leaving Burke and Beyond.

The stage came alive with captivating performances of 'Beyond Rhythm,' a band comprised of our very own talented participants.

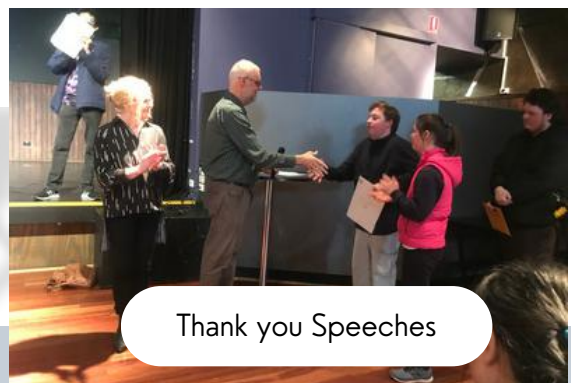
The day continued with fantastic speeches from some of the Burke and Beyond staff and participants, sharing great memories and reflections.

Although Bruno will be undoubtedly missed, we thank him for the impact he has made and wish him the very best in his future endeavors.

*All the Best  
Bruno!*



Beyond Rhythm



Thank you Speeches

# Balwyn Newsletter

## WHAT'S BEEN HAPPENING



### The Shed



Participants this term have returned to Alphington Community Centre where the volunteers have a range of activities. This term the group have worked at flower arranging, art projects and general maintenance of the garden and surrounds.



### Lawn Bowls



Every Wednesday a group go to the Alphington Lawn Bowls. The volunteers are fantastic with coming up with exciting ways to keep the group bowling no matter the weather. Here, participants definitely have an opportunity to unleash their energy and challenge themselves!



### Flip Out



Participants have been loving our newest program Flip Out! The group have been heading down on a Friday to enjoy a range of exciting climbing structures, obstacles courses and of course the trampolines! Flip Out has definitely become a highlight of their week,



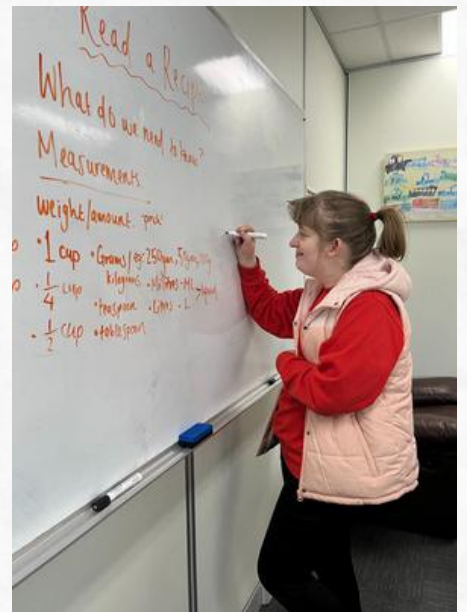


# Balwyn Snapshot



# NEXT STEP BLACKBURN

Term 2



# Giant Steps Mother's Day Stall



## Sales Galore with Next Step Blackburn

For the customer service course at Kew Neighbourhood Learning Centre, participants had the opportunity to host a Mother's Day stall.

Participants worked hard during the term to create products to sell to the students at the 'Giant Steps' specialist school.

The types of products that were included in the Mother's Day stall were mini pot plants, jewellery, decorative cards and tote bags.



Well done to everyone for making this happen!

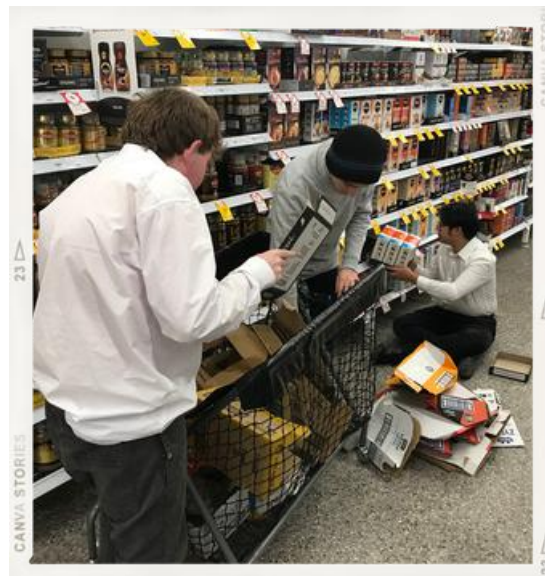
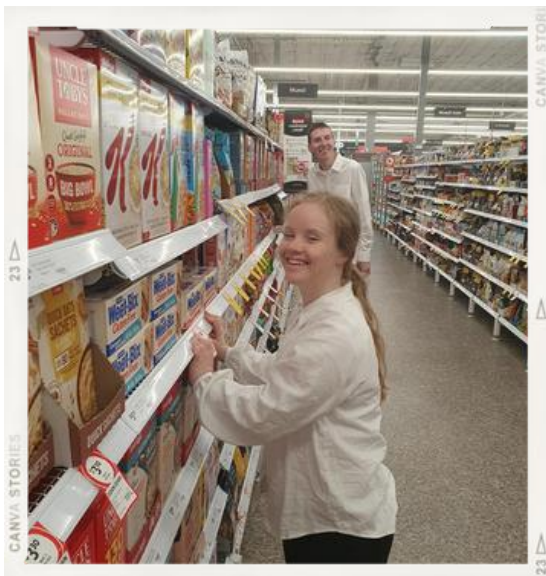
The participants were grateful to be given this experience and to help others show an appreciation to their mothers!



»» NEXT STEP BLACKBURN ««

# New Program

## COLES



Next Step Blackburn have recently partnered with Coles in Blackburn North for a new volunteering opportunity. It's a chance for participants at Burke and Beyond to gain valuable practical skills, interact with others and to build overall confidence. Participants have enjoyed tidying up aisles, flattening boxes and learning proper disposal procedures.

# Next Step Dandenong Bill Shorten Visit



Bill Shorten, Minister for the National Disability Insurance Scheme (NDIS), alongside Julian Hill, MP for Bruce, visited Burke and Beyond in Dandenong.



Looking Sharp! —————

As the politicians embarked on their tour of the facility, they were met with warm smiles and open hearts. Every participant and staff member had the opportunity to engage with Bill Shorten and Julian Hill, sharing their stories and experiences. It was a momentous occasion for all involved, as their voices were not only heard but genuinely listened to.

# HAPPY PLACE

ART PROJECT

NEXT STEP DANDENONG

Participants immersed themselves in a world of creativity and compassion for the Happy Place Art Exhibition, held at the enchanting Dandenong Heritage Hill Museum.

Organised by the Magical Getaway Foundation, an organisation dedicated to supporting vulnerable and disadvantaged Australian children and their families, this exhibition served a dual purpose: to showcase the participants' talents and raise funds for a worthy cause.

The challenge was simple yet profound – to capture their personal happy place on canvas. And oh, how the participants rose to the occasion! Each stroke of the brush and every colour chosen exuded their heartfelt emotions, transporting viewers to a world of joy and tranquility.

**Have a look at their creations!** →



# DANDENONG CREEK FESTIVAL



At the beginning of Term 2, participants were invited to join in the Dandenong Creek Festival, immersing themselves in a vibrant celebration of culture, wildlife, and environmental conservation. The festival kicked off with a series of awe-inspiring cultural performances by the Traditional Custodians, including a heartfelt 'Welcome to Country' and a mesmerizing smoking ceremony.



Fun



Laughs



Smiles

# NEXT STEP DANDENONG Toy Library



We are thrilled to announce that our dedicated participants have embarked on an exciting volunteering journey at the Springvale Toy Library. This invaluable opportunity has allowed them to delve into the enchanting world of toys while making a positive impact in the community.

**NEW PROGRAM**

# WHAT'S HAPPENING?

## NEXT STEP PAKENHAM

### OFF SITE WORKSHOPS

"I travelled independently to Chisholm Tafe Stud Rd Dandenong. I enjoyed a lot of new learning activities at Chisolm Tafe and was given a tour around the campus."

DYLAN K

### TRAVEL TRAINING

"We did some travel training to Flinders Street in the city to visit the National Gallery of Victoria. We explored the gallery, and we learnt how to sketch on metal plates."

ANTHONY

### HEALTH AND FITNESS

"For health and fitness, we went to play basketball and practiced some dribbling and passing at the local Ascot Park. I also liked exercising on the gym equipment at the park."

MINNU



# Next Step Pakenham

Living and Learning Centre



## Gardening Program

### Plants Galore!

Participants enjoyed a brand new gardening experience this term at the Living and Learning Centre in Pakenham. Here, they help out with planting and weeding, learn how to use different gardening tools and earn valuable work skills. It's great to see our participants getting out and about in the community!

### Let's hear from one of our participants...

"I enjoyed going to the Pakenham Living and Learning Centre. We planted some flowers. We pulled out the seedlings from a garden bed and replanted them. We trimmed various plants. I learnt how to use a shovel to dig up soil for new plants and scissors to trim plants. "



Term 2

● Newsletter ●



# NEXT STEP RINGWOOD



## WHAT'S COOKING RINGWOOD?!

During this term, Next Step Ringwood participants have been hard at work improving their cooking skills across three separate cooking programs. We have partnered with Orana Community House in Wantirna South for both the Cooking and Cooking Fundamentals program as well as attending the Hospitality course in Kew through Kew Neighbourhood Learning Centre.

## WHAT'S BEEN ON THE MENU?

These groups have cooked delicious dishes such as Apple Strudel, Butter Chicken, Sushi, Dumplings, Cannelloni, Chocolate Eclairs, Wonton Soup and Waffles.

*Yum!*





# LET'S HEAR *From the* PARTICIPANTS

“

"The Hospitality course has been a lot of fun this term. We've made so many different foods and always get a chance to try new things in each recipe, we can't wait to get back there in Term 3!"

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"This term we learnt many delicious new recipes. Thanks to our amazing lesson facilitator Oddie, we got to learn lots of new skills in the kitchen. In cooking we get to learn about different cultures, how to work in a team and of course we get to sharpen our cooking skills. A few highlights of the term would include making meals such as butter chicken, waffles, cannelloni, and pasta. Cooking has been of a lot of fun for us, it's given us all an opportunity to feel more confident in the kitchen, while having a good time with our peers."



## ORANA COOKING GROUP WITH THE GUYS!

"I enjoyed cooking with Oddie this term 2. I learnt to cook delicious foods like Colcannon, Pasta, Egg Noodles, Waffles and German Cabbage.

I give it 10/10. "

*Welcome to*

# FRIDAY NIGHT SOCIAL



Friday Night social continues to grow in interest and attendance. We have had a few record-breaking activities with the highest number of participants to ever attend. This has been amazing for the organisation and, more importantly, for the participants who continue to gain social skills and awareness.

# Outreach Support



## community support like no other...

Outreach continues to be a source of comfort and familiarity for participants requiring a more tailored support to attend sites' programs, courses and access to their wider community.

Tailored to every individual's needs



SUPPORTIVE, PROGRESSIVE, ACCOUNTABLE

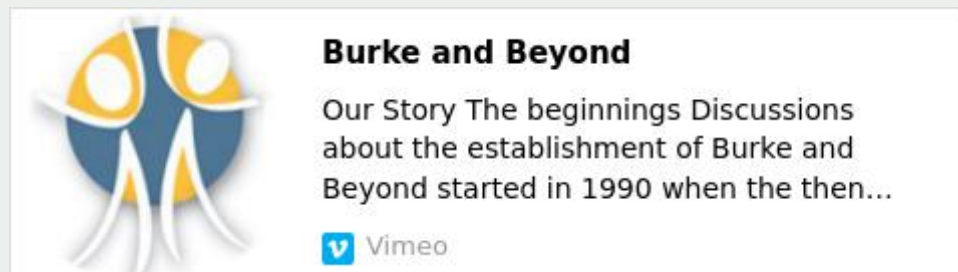
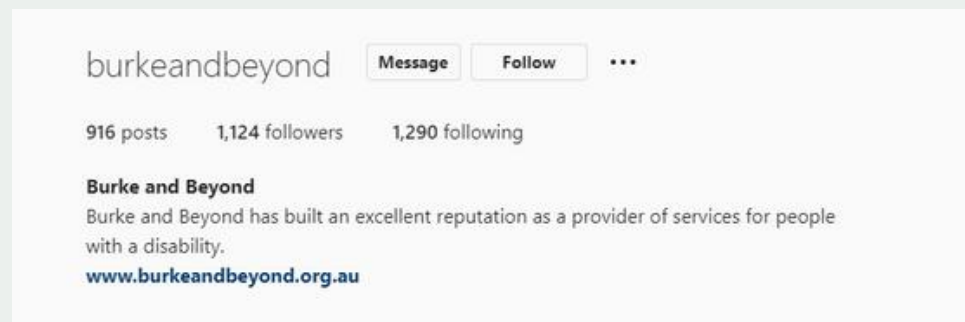
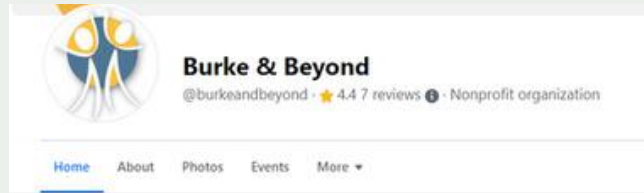
Burke and Beyond  
strives to improve  
participants' lives  
through social  
interaction, personal  
development and  
community participation

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*Inclusion that counts.*

# Social Media Links



Remember to keep up with all the latest good news stories on our website at <https://www.burkeandbeyond.org.au/>

