



Term 3 - 2022

SPRING

Newsletter

Term Holiday Dates

Third
Quarter

11/07/22 - 30/09/22

AFL PUBLIC HOLIDAY
Closed on Friday 23rd September

Fourth
Quarter

3/10/22 - 23/12/22

MELBOURNE CUP DAY
Closed on Tuesday 1st November

SITE
CLOSURE

Summer
Break

23/12/22 - 16/01/23

The last day of service for 2022 will be
Friday the 23rd December

Burke and Beyond will re-open next year on
Monday 16th January 2023



Message from the CEO.

Bruno Cyr



It always amazes me when I visit one of our services or start reading articles through our social media, that our participants have so many great stories to tell about themselves and how far they have progressed over the years. Each one of them have wonderful dreams and aspirations and our staff are doing a fantastic job of supporting them in reaching those goals.

Whether it is listening to an original song on Spotify that Garry recorded recently or seeing Jordan getting a job at Valid8, it is always inspiring to watch our people moving forward. People are constantly offered different options to try new programs or work and volunteer placements. Through that process, they can end up getting a dream job or simply discovering a new hobby to practice with friends. With some of our participants, simple life pleasures like patting animals or being supported to experience new environments can be very fulfilling and add to their life experiences.

I am lucky to be able to witness this most days through my work here and I would encourage everyone to join our social media platforms and find out more about our people and what makes them tick. It's great to realise that so much is happening through our services, please join us in acknowledging everyone's aspirations by leaving a comment on our social pages.

Our participants will certainly appreciate it.

Blackburn Report

This term, Blackburn Next Steps' KNLC Horticulture and Trade groups have been expanding their knowledge in different areas and have developed valuable transferrable skills. The Horticulture group have been learning about the process of growing and caring for trees which involves learning how to prune roses safely.



Sand away!



Nice One Boys!



All Smiles!



Getting Down & Dirty!

The participants have also been planting vegetable seedlings and caring for vegetable gardens as well as being involved in a working bee at the Willsmere Community Gardens. The Trade group began the term building a frame of a wall where they practiced the process of plastering and tiling. The group applied practical skills involving measurement, cutting tiles into various sizes and grouting to ensure the finished product reflects professional standards, while learning terminology for different trades. Keep up the great work teams!



Well Done!

Hi, my name is Jordan

I have just started a new job as a Valid8 Program Officer and I am really proud!

Valid8 provided participants from Burke and Beyond with an opportunity to apply for a new job as a Valid8 Program Officer which I was really interested in.

Speaking up for people's rights who have a disability and having a voice to be heard, and having a say means a lot to me. Andrea supported me to complete my resume and write an email to Valid8 which I sent off. I was so excited to receive an email from them which said that I had an interview for the position! At Burke and Beyond, I practiced interview skills and we rehearsed questions and answers to feel more confident and ready for the day. On the day of the interview I was nervous and excited but felt prepared. I think the interview went really well and a week later I had an unexpected call from Valid8. I got the job and I felt really proud and happy! I'm looking forward to learning in my new job as a Valid8 Program Officer and can't wait to share my voice.

**From everyone at Blackburn Next Step,
congratulations Jordan! We are so proud of you
and can't wait to see all the amazing work you will
achieve advocating within the community!**

Meet Annie



My name is Annie from Blackburn Burke and Beyond and these are my favourite things from Term 3. In my course 'Certificate 2 in Hospitality and Work Education' I did placement at the Box Hill Library for a month. I wiped the shelves, did website checking, checked the book numbers and put the books in order by letters. I also have worked on my resume in Word Ready and I typed it today and I finished it. I have been enjoying Salvo's work experience at Forest Hill. I did the books, the kids' and adult shoes, the men's pants, the kids' DVD's and bags. On Wednesday cooking class, we made Pancakes, Beef Stroganoff, Chicken And Mushroom Risotto and Sausage Casserole. One day, we went to Sissy's Chocolate Shop for a work site visit with the girls and Andrea. I found the whole place was very interesting, and my two favourite chocolates are white chocolate and milk chocolate. I'm having an awesome year at Burke and Beyond.

- From Annie



RUOK?TM

RINGWOOD REPORT

This has been an action packed quarter where we have had the opportunity to experience a wide range of activities. These activities have been a valuable learning experience while also being a lot of fun!



Some that have really sparked our interest and creativity have included:

- Having the Victorian Electoral Commission on site for a chat about voting
- Taking a trip to the Yakult factory
- Being a part of "R U OK" Day

Pakenham Report



Creative Art

Every week, the participants have the opportunity to express their creativity through arts and craft. Here, we have the participants painting their own little canvases using oil based paint and several different brush types. Participants also learn about colour theory and blending techniques to enhance their work.



Vinnies Op Shop

Participants get this exciting opportunity to volunteer at St Vincent de Paul Society Pakenham op shop, contributing a unique set of skills, knowledge and experience in a retail working environment. This includes sorting donated clothing and homewares, preparing stock for sale and general merchandising.

What's been happening?

Our participants have been engaging in both onsite and offsite programs which allows for greater variety and getting to know our local community better.

This has resulted in the commencement of new partnerships with local services in Pakenham (for volunteering and life skill workshop opportunities) which has been exciting for our participants and organisation as a whole.



NEXT STEP PAKENHAM

Participants have been involved in a new and exciting gardening program at Pakenham Library, learning everything they need to know about growing edible plants from home or out in the community.

HERE'S WHAT THE PARTICIPANTS HAD TO SAY ABOUT THE GARDENING PROGRAM!

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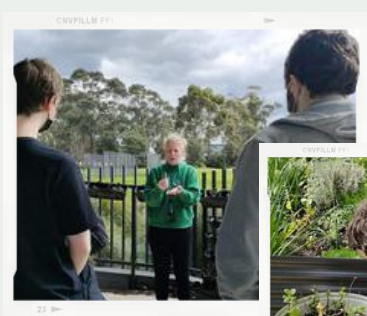
With today's gardening, it was fun with the weeding and looking at the growing fruits/veg and the seedlings. The tomato was fun as well!! I want nothing to change in these gardening sessions. It's fun!

”

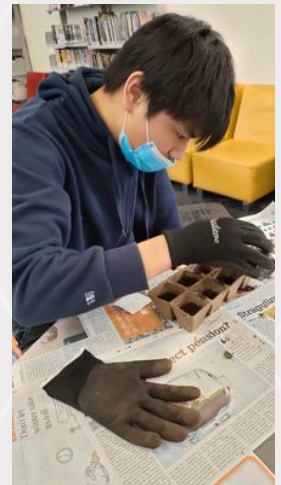
“

I liked pulling the weeds out today. I also enjoyed getting seeds out of the tomatoes.

”



Dandenong Report



BOTH OUR ON SITE AND OFF SITE PROGRAMS AT NEXT STEP DANDENONG HAVE BEEN A REAL HIT FOR A OUR PARTICIPANTS THIS TERM, PROVIDING A LOT OF NEW OPPORTUNITIES TO UP SKILL AND TAKE ON NEW CHALLENGES AS THEY WORK TOWARDS THEIR INDEPENDENCE.

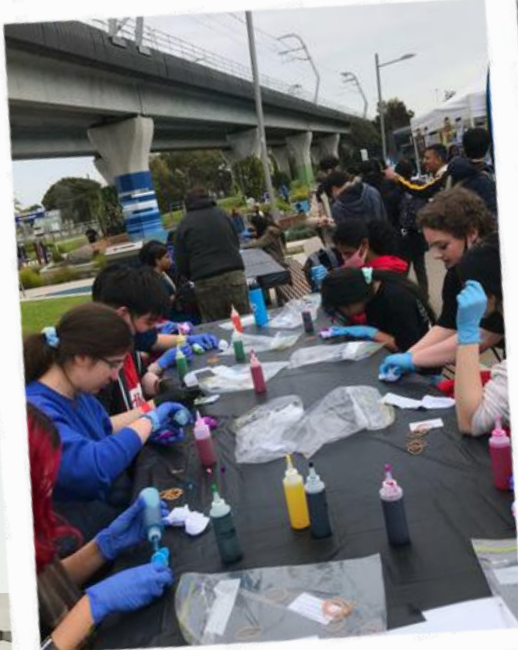


Welcome
Matt to the team!



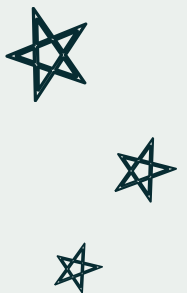
NEXT STEP ✨ DANDENONG ✨

Greater Dandenong Youth and Family Services invited us along to their Youth Fest at Noble Park Skate Park. This Festival aims to engage young people in pro social activities and connect them to the community whilst recognising their positive contribution as active citizens.



DANDENONG YOUTH FEST

The guys got involved in multiple activities throughout the day. This includes the tie dye and craft book workshop, DIY tattoos, a Zumba dance session and we even got some of our participants to perform on stage!



Barista Course



Dandenong participants took part in the 'Ready Set Barista' course at Jesuit Social Services to improve on their job ready skills and to increase their overall confidence.

Jesuit Social Services

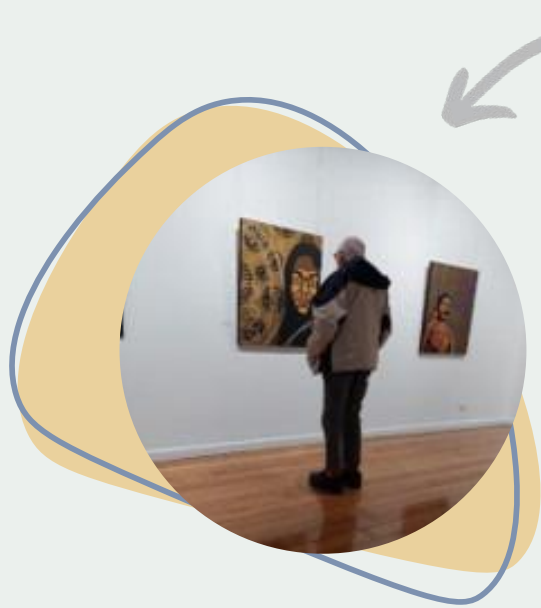
Participants learnt about the origins of coffee and had the opportunity to make a range of different coffee drinks. Upon completion, participants received a certificate of participation for all their hard earned work!





Balwyn Report

The Burke and Beyond maintenance group has been really getting into the garden now it's starting to warm up. The group has pulled all the plants from the garden beds in preparation for Spring. We also have planted some seedlings in a small greenhouse. Once they have become established, we can then plant them in the large garden beds outside. The group is looking forward to seeing the seedlings grow. The group has also done some great work out the front, with some pruning and weeding. The place is looking great. Fantastic work!



Each Monday afternoon, the group from Ringwood Community Centre explores the local community of Ringwood. On one of our journeys, we found Federation Estate Community Centre. During our visit we found out that there was an Aboriginal art Expo. The participants in the group enjoyed walking around the two viewing rooms at their own pace, enjoying all the artwork.



What else is going on at Balwyn?



Every Thursday Balwyn have a group that go and play Golf, go to the Movies or go to Timezone. It started as a trial to see how the group would go trying something new.

It has been a total success with the participants really enjoying the atmosphere of the place and growing with confidence each time they attend. Keep up the great work!

One rainy Wednesday, the group that usually visits the farm headed to Gardenworld. The group wandered through all the sections including the big Murry Cod, The Orchid room,

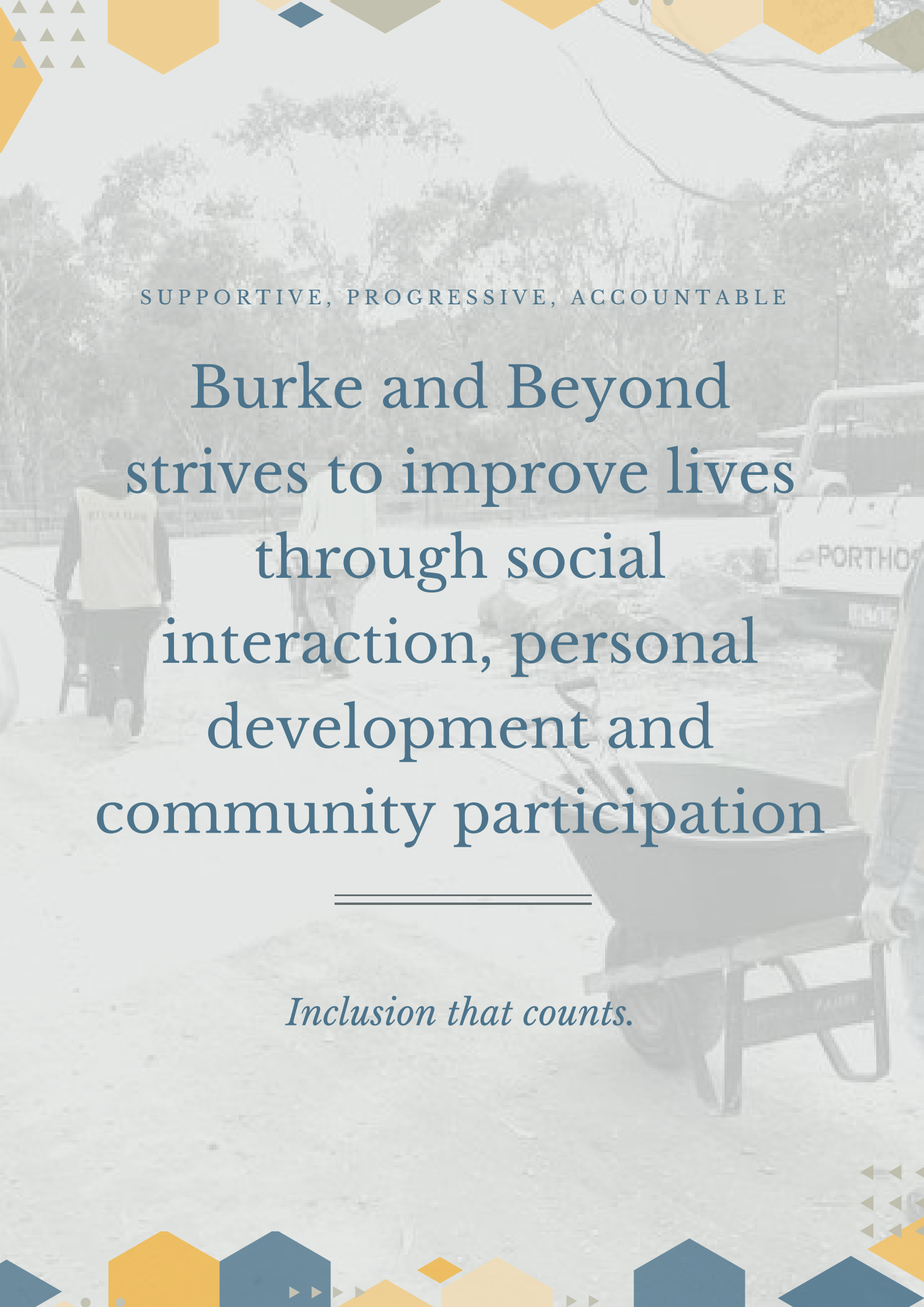
the succulent area and of course the dinosaurs. The group enjoyed being able to go to Gardenworld and look forward to going back!

The participants have been doing some amazing art pieces. The paintings that they have done were completed over a few sessions.

They did their art pieces with a window wiper. They then used stamps to complete the art piece.



SUPPORTIVE, PROGRESSIVE, ACCOUNTABLE

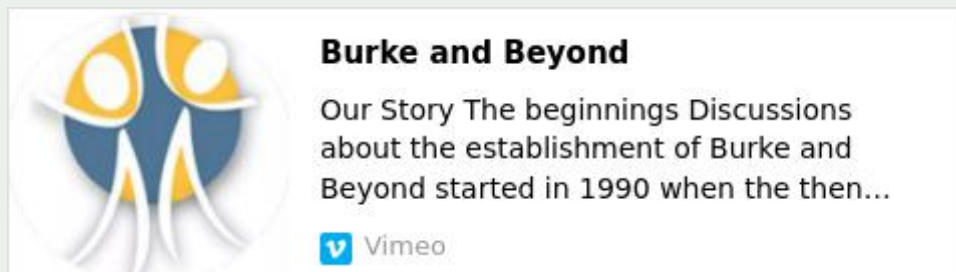
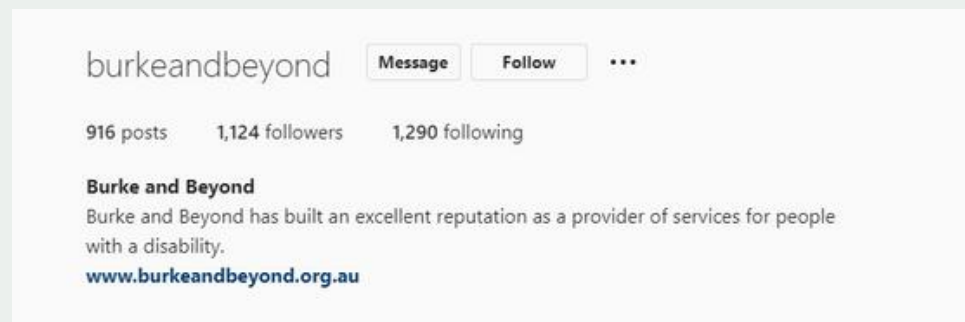
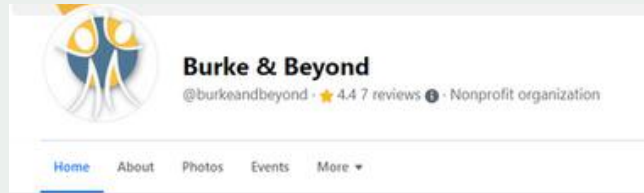


Burke and Beyond
strives to improve lives
through social
interaction, personal
development and
community participation

Inclusion that counts.



Social Media Links



Remember to keep up with all the latest good news stories on our website at <https://www.burkeandbeyond.org.au/>

