



SPRING

2021

BURKE AND BEYOND

Term 3 - 2021

2021 Term Dates -

Third Term 12/07/21 to 2/10/21

Melbourne Cup Closed on Tuesday 2nd of November for Cup day.

Fourth Term 4/10/21 to 24/12/21

Summer Break The last day of service for 2021 will be Friday the 24th of December.

Burke and Beyond will re-open next year on Monday 18 of January 2022

“

To improve lives through social interaction, personal development and community participation

”

Message from the CEO.

Bruno Cyr



As I write this, we are closing in on the 70% of first vaccinations target across Victoria. This current lockdown has been very difficult for everyone involved with Burke and Beyond and as it continues at least for another few weeks, everyone is finding it more and more difficult. We are all hoping for a return to some sort of normality in our lives, personally and in our work and friendship networks.

There is no doubt that the quickest way to get there is to increase the number of people getting very vaccinated.

We strongly encourage our participants, staff and families to get the jab as soon as possible for the purpose of protecting yourselves and those around you, especially when the Government starts opening the Country and the State over the coming weeks. The expectation is that the spread of COVID will become much more rapid especially amongst the people who remain unvaccinated. This will be a real issue for some of our participants who could be significantly at risk due to other health issues.

We expect an announcement from the Government very soon about the mandating of vaccination of Staff working in the disability field, and this is something that we welcome. Burke and Beyond is an organisation which cares deeply about the welfare of our participants, and we also believe that the safety of our staff is potentially exposed due to some unvaccinated staff and participants working alongside each other through our activities or activities in the community. Without this mandate, it is more complex for us to keep track of who is vaccinated or not as we rely on staff volunteering this information. We know through a recent survey that we have a good uptake of vaccination, but we aim to get 100% of our staff vaccinated either through the mandate or before it is in place.

I encourage everyone to get on to it and get vaccinated as soon as possible for your own protection and so that we can offer a safer environment to everybody.

Bruno Cyr
CEO

Next Step Blackburn Report



Saturday Baking

Blackburn Next Step started a Saturday baking program over lockdown and the program has been a success! The group has been learning how to bake some yummy sweet treats of their choice from banana bread to choc chip cookies.

The participants have been practicing their skills in the kitchen from measuring quantities to using the oven safely.



Cooking with Blackburn

During lockdown the participants at Blackburn Next Step have been practicing their cooking skills in the kitchen where they have made the perfect omellete and zucchini slice, lasagne and pizza. They have been learning how to chop and grate different ingredients from onion to carrot, capsicum and zucchini. The participants have mastered cracking and whisking eggs to safely using a fry pan on the stove top. The group have been spending two weeks on each recipe to build knowledge, independence and confidence in cooking the recipes.



Next Step Blackburn Report



DARIO VIA ZOOM

Carpentry

Although the groups haven't been able to attend Carpentry in the Men's Shed, this hasn't stopped the group from learning skills at home! The Blackburn Next Step Carpentry group were lucky to have DIY tiling masterclasses from their facilitator Dario on Zoom. The group followed the steps in how to tile while learning about tools, equipment and safety. The participants provided tips and ideas throughout and enjoyed the sessions!



Before we went into lockdown, Burke and Beyond made a partnership with Chisholm TAFE, participants were attending workshops such “where the jobs are” and “resume building” there are multiple workshops running that will help our participants futures blossom!



Next Step Dandenong Report

Hi my name is Madison And I attend Burke and beyond Dandenong next step. The work shop we had at chisholm was very informative, helpful, and interesting. The speakers always made sure we understood the content of the PowerPoint. These powerpoints and speeches we attended were helpful with work related topics eg; how to prepare for a job, what sort of jobs are out there.

Hi My name is Garry Gov and I attended to Chisholm workshops with my burke and beyond group, we attended before lockdown ?, in Chisholm they talked about lots of inserting stuff, telling us few different jobs and they show us a PowerPoint slideshow few different options to get a job, I loved going to Chisholm workshops cause it could give me ideas what job I want to do after I finished my years at burke and beyond.



Next Step Dandenong Report...



I have been occupied during lockdown, by doing zoom programs for 3 days a week, 1:1 for 2 days a week, and working.

Zoom and 1:1 always fun, I do get to learn some things, especially healthy me which helped me a lot, and socializing with many people.

While having freedom times as having the house to myself, I sing and listen to loud music. One day I got so bored, so I worked on a Chinese dance that is pretty tough, fast and strong, and it makes me get tired easy!

Other times I listen to music, doing footy tipping stuff, doing creative art using paint, and watching a few sports at night time. Sometimes I also face time friends.

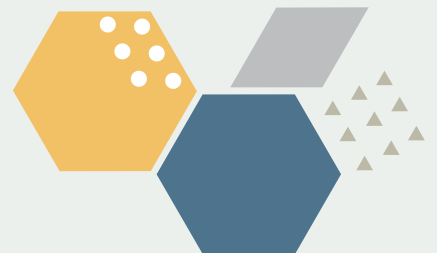
Written by Becky Chan

Since we're in lockdown, we're back to Zoom. We have some times in that state, like catching up, Kahoots, games, videos, talking about our health, 1:1, etc. We were keeping in touch with other participants and staff, and we were hoping that we'll be able to go back on site.

Written by Joel Withanage

Term 3 has certainly been a little different, with ZOOM online learning and 1:1 community support. But no matter how tough life gets, we never let anything dull our Dandenong

✧Sparkle!✧



INTRODUCING Next Step Bayswater/ Ringwood

[CVA]
FOR LEASE
IMPRESSIVE EXPOSURE IN ACTIVE BUSINESS DISTRICT
OUTSTANDING COMMERCIAL PREMISES
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• Air-conditioned
• Access to rear public parking
• Generous footage to market
• Fantastic signage available
• 350m* to Eastland Shopping
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Next step: New Digs!
Bayswater - Ringwood

“ During term 3 our participants have been discussing, travel planning and designing their schedules at the new site - opportunity and convenience! ”



Next Step Bayswater Report

"I think I will like moving to Ringwood cause it's very shiny and it will be easy for me to get to! bring on 2022 next year cheers."

- Isaac

"Yeah boy! excited to move to the new location because it's shiny and there's new paint"

- Johann

"I feel excited to move because it could help me with my opportunities for work."

- Letitia

"I am excited because it's easier to get too then Bayswater."

- Nathan

What's been cooking Bayswater?



Next Step Bayswater Report





Balwyn Report

Cooking with Balwyn



The participants at Balwyn have been busy cooking up a storm. We have been cooking dishes from around the world and having fun with the themes of the day.



Burke and Beyond strives to improve lives through social interaction, personal development and community participation

Inclusion that counts.



Social Media Links



Burke and Beyond (@burkeandbeyond) • Instagram...

612 Followers, 718 Following, 663 Posts -
See Instagram photos and videos from...

 [instagram.com](https://www.instagram.com)



Burke and Beyond

Our Story The beginnings Discussions
about the establishment of Burke and
Beyond started in 1990 when the then...

 [Vimeo](https://vimeo.com)

Remember to keep up with all the latest good news stories on the website. Click on the image below to go to the website.

